October 2015 Hi Lites of Lutheran Manor











October 1 (Thursday)	Chat Room	10:00 a.m.	Patio
	Lunch @ Olive Gardens	11:00 a.m.	Van Trip
	Rev Lisa Borrell, Christ Lutheran	2:00 p.m.	Lounge
	Blood Pressure Check	6:00 p.m.	Lounge
October 2 (Friday)	Walkers Club	9:00 a.m.	Outside
	Banks, CVS, \$ Store, Post Office	9:30 a.m.	Van Trip
	Yoga	10:00 a.m.	Patio
	Tai Chi	12:45 p.m.	Patio
	Movie– Glen Campbell -I'll be Me	1:00 p.m.	Conf Room
	Wii Bowling	5:30 p.m.	Lounge
October 3 (Saturday)	Coffee & Donuts	9:00 a.m.	Lounge
	Pinochle Party	12:30 p.m.	Lounge
October 5 (Monday)	Shop Rite-Freemansburg Ave	9:30 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Bingo	6:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
October 6 (Tuesday)	Zumba	10:00 a.m.	Lounge
	Rev James Harper, St. John	2:00 p.m.	Lounge
	Notre Dame, RC Church		
	Dinner @ Logan's Road House	4:00 p.m.	Van Trip
October 7 (Wednesday)	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	Dance Class	2:00 p.m.	Lounge
	Piano Playing	3:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
October 8 (Thursday)	DVD-Bocelli	9:30 a.m.	Lounge
	USO Dance Fearless Fire Co	12:30 p.m.	Van Trip
	(FREE)		
	Speaker-Stress Relief	2:00 p.m.	Lounge
October 9 (Friday)	Walkers Club	9:00 a.m.	Outside
	Yoga	10:00 a.m.	Patio
	Second Harvest Food Delivery	11:00 a.m.	Patio
	Tai Chi	12:45 p.m.	Patio
	Watercolor Class	1:00 p.m.	Lounge
	Wii Bowling	5:30 p.m.	Lounge
October 10 (Saturday)	Manicures by Appointment	9:30 a.m.	Lounge
October 12 (Monday)	Columbus Day (OFFICE CLOSED)		

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October 12 (Monday)	Giant	9:30 a.m.	Van Trip
	Bingo	6:00 p.m.	Lounge
October 13 (Tuesday)	Zumba	10:00 a.m.	Lounge
	General Meeting	2:00 p.m.	Lounge
	(5 th Floor responsible for snacks)		
	Dinner @ Sal's Pizza Restaurant	4:00 p.m.	Van Trip
October 14 (Wednesday)	Massage	9:00 a.m.	Conf Rm
	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	Speaker- <i>Podiatrist</i>	2:00 p.m.	Lounge
	Piano Playing	3:00 p.m.	Lounge
	Dinner @ Calvary Baptist Church	4:15 p.m.	Van Trip
	Poker League	6:30 p.m.	Conf Room
October 15 (Thursday)	"37" Anniversary Party	6:00 p.m.	Lounge
October 16 (Friday)	Green Dragon Flea Market	8:30 a.m.	Van Trip
	Lancaster		
	Walkers Club	9:00 a.m.	Outside
	Book Fair	10:00 a.m.	Lounge
	Yoga	10:00 a.m.	Patio
	Tai Chi	12:45 p.m.	Patio
	Wii Bowling	5:30 p.m.	Lounge
October 17 (Saturday)	Soup & Hotdogs-Jim Loftus	11:00 a.m.	Lounge
October 19 (Monday)	Breakfast/Walmart	9:00 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Movie-Glen Campbell-I'll be Me	1:00 p.m.	Conf Room
	Bingo	6:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
October 20 (Tuesday)	Zumba	10:00 a.m.	Lounge
	Art with Pat	1:30 p.m.	Lounge
October 21 (Wednesday)	Wegmans	9:30 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	Computer Class	1:00 p.m.	Comp Rm
	Dance Class	2:00 p.m.	Lounge
	Piano Playing	3:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
October 22 (Thursday)	Miss Morgan's Milkweed	8:30 a.m.	Van Trip
	Antiques & Vintage/Lunch Lancaster		
	Chat Room	10:00 a.m.	Patio
	Rev. Larry Burd , Calvary Baptist Church, Easton	2:00 p.m.	Lounge

October 23 (Friday)	Walkers Club	9:00 a.m.	Outside
	Yoga	10:00 a.m.	Patio
	Lunch/Movie at Carmike	11:00 a.m.	Van Trip
	Tai Chi	12:45 p.m.	Patio
	Wii Bowling	5:30 p.m.	Lounge
October 24 (Saturday)	Breakfast	8:30 a.m.	Lounge
October 25 (Sunday)	Moscow Excursion Train Ride-	9:30 a.m.	Van Trip
	Fall Foliage, Scranton Cost: \$22.0	0/Lunch	•
October 26 (Monday)	Exercise	10:00 a.m.	Lounge
	Therapy Dog	11:00 a.m.	Lounge
	Bingo	6:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
October 27 (Tuesday)	Valley Farms	9:30 a.m.	Van Trip
	Zumba	10:00 a.m.	Lounge
	Art with Pat	1:30 p.m.	Lounge
October 28 (Wednesday	y) Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	Piano Playing	3:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
October 29 (Thursday)	Flu Shots	9:00 a.m.	Lounge
	Chat Room	10:00 a.m.	Patio
	Rev Chris Eichorn, St John Hecktov	vn 2:00 p.m.	Lounge
	Dinner @ Matey's Restaurant	4:00 p.m.	Van Trip
October 30 (Friday)	Salvation Army (pick up)	8:00 a.m.	Outside
	Walkers Club	9:00 a.m.	Outside
	Allentown Farmers Market/	9:30 a.m.	Van Trip
	Lunch @ Ritz Barbecue		
	Yoga	10:00 a.m.	Patio
	Speaker - <i>Traditions</i>	11:00 a.m.	Lounge
	Tai Chi	12:45 p.m.	Patio
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Bingo	Every Monday 6	p.m.	Lounge
Exercise	Every Monday & Wednesday 10) a.m.	Lounge

Bingo	Every Monday	6 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Poker League	Every Monday & Wednesday	6:30 p.m.	Conf Rm
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Wednesday	12:30 p.m.	Patio
Piano Playing	Every Wednesday	3:00 p.m.	Lounge
Chat Room	Every Thursday	10 a.m.	Patio
Yoga	Every Friday	10:00 a.m.	Patio
Tai Chi	Every Friday	12:45 p.m.	Patio
Walkers Club	Every Friday	9:00 a.m.	Outside
Wii Bowling	Every Friday	5:30 p.m.	Lounge
1			



Corner



Rachael Kapes will be here

on

Thursday, October 8th

at 2pm

In the Lounge

To talk to you about Stress Relief.

- ⇒ Causes of Stress
- ⇒ Physical and Emotional Symptoms of Stress
- ⇒ Effects of Stress on Your Health
- ⇒ Ways to Avoid Stress
- ⇒ Ways to Reduce and Relieve Stress

Refreshments will be served!



Simon Tabchi, D.P.M. from Bangor Podiatry will be here on:
Wednesday, October 14
At 2pm in the Lounge

You don't want to miss this great presentation on Foot Care. Taking care of our feet is so important for our health.

FLU SHOTS

Thursday, October 29, 2015 9:00 am- 11:00 am In the Lounge

The Bethlehem Health Bureau will be here to offer flu It starts with you shots. To save time, please fill out the influenza form in this newsletter and bring it along with your Medicare Card when you come for the shot.

Flu Vaccine Cost is \$15.00 Cash or Check only.



BETHLEHEM HEALTH BUREAU

Seasonal Influenza/Pneumonia Vaccination Consent Form

Name:I	Date of Birth:	Sex: M	F		
Address:Tele	ephone:	Zip Code:	 		
Please circle YES or NO to the questions I	pelow:				
1. Does the patient have a severe allergy to	eggs?		Yes	No	
2. Has the patient ever had a severe reaction	n to an influenza vaccine?		Yes	No	
3. Has the patient ever had Gullian-Barre syl	ndrome?		Yes	No	
4. Does the patient have any other allergies?)		Yes	No	
5. Does the patient have asthma or recurren	t or active wheezing?		Yes	No	
6. Has the patient received either the MMR,	Varicella, Yellow Fever or	FluMist			
Vaccination in the past 30 days? Da	ate:		Yes	No	
7. If applicable, is the patient pregnant or nur	rsing?		Yes	No	N/A
8. Does the patient have close contact with a	nyone who has a severely	1			
weakened immune system that must be in a			Yes	No	
Does the patient have medical insurance the patient had a pa	nat covers vaccinations?		Yes	No	
INSURANCE					
None/Private/Public Carrier		· · · · · · · · · · · · · · · · · · ·			
Policy ID. Number	Group Number				
Employer					
Insured Name (IF NOT PATIENT)					
/ /	1	1			
/	/				
I have received and read the Centers for Dise no further questions at this time. I request an named above of whom I am or am the parent Signature:	d voluntarily consent that or legal guardian.		fluenza vaccine be give		
	OFFICE USE	ONLY			
Influenza Vaccine Given Lot N	Number:		Injection Site: L / R		
Dosage Volume: .25ml .5ml Intranasal					
Signature of vaccine administrator	Date				
Pneumonia Vaccine Given Lot Numb	per:	Injec	tion Site: <u>L / R</u>		
Signature of vaccine administrator	Date				

DEPARTAMENTO DE SALUD DE BETHLEHEM

Hoja De Consentimiento Informado Para La Vacuna De La Gripe/Pulmonia

		Sexo: H M Código Posta		
Por favor marque si o no a la		Oodigo i osa	All	
El/la paciente tiene alergias				
,	ı tenido una reacción mala a la v	acuna de la gripe?	Si	No
,	tenido el síndrome de Guillian-l	• .	Si	No
,	alergias?		Si	No
5. El/la paciente sufre de asma	a o ataques de asma frecuentes'	?	Si	No
6. El/la paciente ha recibido al	guna de las siguientes vacunas	MMR, Varicella,		
Yellow Fever, o FluMist en	los últimos 30 días? Fecha	l	Si	No
7. La paciente se encuentra em	nbarazada o lactando?		Si	No
8. El/la paciente ha tenido cont	acto cercano con una persona q	ue tenga problemas con el sisten	na Si	No N/A
inmune?			Si	No
9. El/la paciente tiene seguro m	nedico que cubre vacunas?		Si	No
<u>SEGURO</u>			Si	NO
Ninguno / Privado / Publico				
Compañía				
Numero de póliza	Numero	del Grupo		
Empleador				
Nombre Del Asegurado (Si no	es el paciente)			
Fec	ha de Nacimiento	Seguro Social		
la fecha 8/7/15. No tengo pregi	untas adicionales en este mome	n Enfermedad hojas informativas o nto. Solicito y consiento voluntar py o soy el padre o apoderado l	iamente que la va	
Firma:	Fecha: _			
	OFFICE	USE ONLY		
Influenza Vaccine Given	Lot Number:		Injection Sit	te: <u>L / R</u>
Dosage Volume: .25ml	.5ml Intranasal			
Signature of vaccine admir	 nistrator	 Date		
Pneumonia Vaccine Give			njection Site: <u>L</u>	/ R
Theumoma vaccine Cive	EOUNGIIIDEI.		ijection oite. <u>L</u>	<u>. / IX</u>
Signature of vaccine admir	nistrator	 Date		





Soup & Hot Dogs Saturday, October 17

SOUP: Chili \$3.00

HOT DOGS: Plain, Sauerkraut, or Chili \$1.50

RED BEET EGGS:

DESSERT: Ice Cream & Strawberries \$2.50

SODA OR COFFEE: \$1.00

Entertainment by: Jim Loftus 50/50 Drawing



.50

Friends and Family Welcome!





2015

Saturday	11/7	Coffee & Donuts	9:00 a.m.
Saturday	11/7	Pinochle Party	12:30 p.m.
Saturday	11/14	Bazaar	10:00 a.m.
Saturday	11/21	Soup & Hot Dogs-Marty & Dee	11:00 a.m.
Sunday	11/29	Social-Majestics	5:00 p.m.
1			











Computer Class Wednesday, October 21 1-3 pm

Sign up with Claudie





Every Friday

At 12:45 pm



In the Patio



Piano Playing

With Gladys & Residents



Every Wednesday
From 3-4 pm



Massage

Wednesday, October14 9:00-11:30 am

If you are interested in getting a massage please sign-up with Claudie.

Price: \$20.00 1/2 hour \$40.00 1 hour Conference Room





Saturday, October 3

9:00 a.m. to 10:30 a.m. \$1.00 coffee \$1.00 donut \$1.00 additional donuts

Friends and Family are Welcome.



Join the WALKERS CLUB

Every Friday

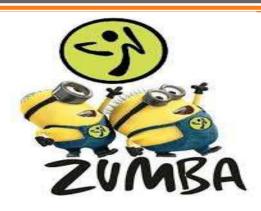
9 am

Therapy Dog

ozzzzzzzzzzzzzzzzz



Monday, October 26.
At 11:00 am
in the lounge.



TUESDAY AT 10 AM
IN THE LOUNGE





Blood Pressure Check

Thursday, October 1st 6:00 p.m.



Every Monday and Wednesday
10:00 am



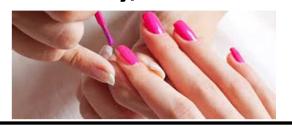
In the Lounge



Linda will be here to do

MANICURES

Saturday, October 10



See Claudie for an appointment.





Every Friday 10:00 am Patio

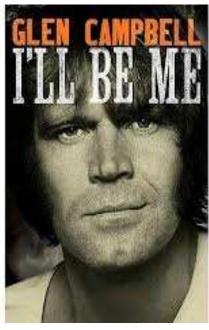
Happy 37th Anniversary Party Lutheran Manor

Thursday, October 15th 2015 6pm Dinner

6:45pm-8:15pm Entertainment by: Robin & Jim

RSVP was required to attend this event by October 1st.





SIGN UP NOW!

NOW SHOWING

Friday, October 2nd &

Monday, October 19th

1:00 pm

Conference Room

GLEN CAMPBELL
I'll BE ME

In 2011, music legend Glen Campbell set out on an unprecedented tour across America. What made this tour extraordinary was that Glen had recently been diagnosed with Alzheimer's disease. He was told to hang up his guitar and prepare for the inevitable. Instead, Glen and his wife went public with his diagnosis and announced that he and his family

would set out on a "Goodbye Tour."



Friday, October 16th 10:00 am—3:00 pm
In the Lounge







Every Friday
At 5:30 pm
In the Lounge



WATERCOLOR CLASS

David Michael Donnangelo

Will be here on

Friday, October 9th

At 1:00 pm in the Lounge







It's **Fall Time**, perfect time to clean those closets and get rid of

things you don't need.

If you have clothing, books or small items that you don't need please bag them up and bring to Claudie's office.

Salvation Army will be picking up donations on **Friday, October 30th.**



Traditions: We all have them



Friday, *October 30, 2015*, 11 am, in the Lounge

Customs or beliefs passed down from generation to generation!

Get to know something about your neighbor that you didn't know before.

We all come from different parts of the world; having special foods, hobbies, and customs that we really enjoy.

SPONSOR BY:

Pastor Clark

&

Claudie

How about **sharing** some of those things with your neighbors?

	Fr	day, October 30, 2015 (Traditions)	
NAME:			APT#
What I am sha	ring:		
Food Recipes Art Hobbies	Other:	Please return form to Claudie	

Come have fun, listening and dancing to all your favorite hits and dance songs.

Jukebox Dance Party

Wednesday, October 7 & 21 2 pm In the Lounge









ART WITH PAT

Tuesday, October 20 & 27 1:30 pm in the Lounge "Cut Paper Relief Sculpture"

A relief sculpture is one in which forms are distinguished from a flat surface. Using letters from the alphabet, class will design and create a wall piece that forms interesting shadow patterns when

displayed. The sculpture will be framed against a contrasting background.





CHRISTMAS AT THE PINES DINNER THEATRE

Thursday, November 5

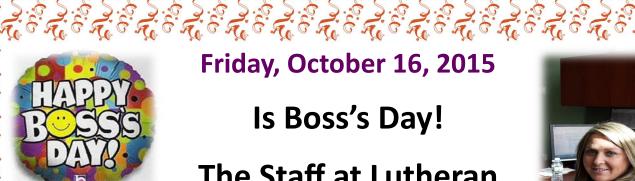
COST: \$45.50 Lunch 12:30pm/Show 2:00 pm

It's the most wonderful time of the year as the Pines Dinner Theatre celebrates Christmas in grand style. With an all new review that will get even the most determined Scrooge in the holiday spirit,

Christmas at the Pines features all your favorite holiday classics, the Nativity, and even Santa Claus!

Sign Up Now





Friday, October 16, 2015

Is Boss's Day!

The Staff at Lutheran

Manor would like to say





HAPPY BOSS'S DAY

Ms. Courtney

our Great Boss!



Saturday, October 24, 2015

8:30 am-10:00 am

In the Lounge

\$7.00 per person









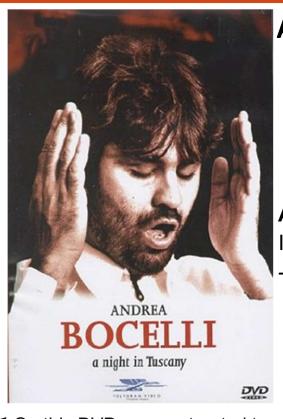


Saturday, October 24, 2015

Place slip in a sealed envelope along with cash payment and slide it under Marge Bachemin's door Apt# 705.

Name:	Apt#
Phone:	

Deadline for reservations is Wednesday, October 21, 2015. No exceptions.



ANDREA BOCELLI – (DVD) A NIGHT IN TUSCONY

Thursday, October 8th at 9:30am in the Lutheran Manor Lounge

Andrea Bocelli born 22 September 1958 is an Italian classical tenor, recording artist and singer songwriter. Born with poor eyesight, he became blind at the age of 12 following a soccer accident. He has had success as a crossover performer bringing classical music to the top of international pop charts.

☐ On this DVD, we are treated to an outdoor concert (given to a packed crowd) featuring the blind tenor from Tuscany (region of central Italy), Andrea Bocelli. The setting for this concert is the historic Piazza dei Cavalieri in Pisa, Italy.

☐ On this DVD, are arias and popular songs that are sung primarily in Italian. There are
also interspersed vignettes involving the man himself. We are also treated to gorgeous
travel photography of Tuscany. All in all, we learn about the man behind the performer.

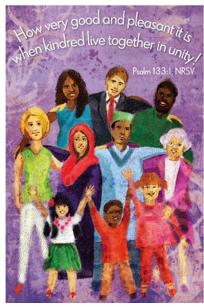
Here what reviewers say...

From the opening notes of "Nessun Dorma" to the final duet of "Time To Say Goodbye" with Sarah Brightman, the viewer is treated to a balanced combination of concert footage, views of the Tuscan countryside and personal observations by the artist. In particular, the concert renditions of songs from "Romanza" included on this video are superior to the studio recordings, with subtle phrasing and such a lovely tone. The video showcases Bocelli's versatility by including classical, pop and Italian folk songs as well as duets with Nuccia Focile, Zucchero and the above-mentioned Ms. Brightman.

It is amazing to watch the reactions of those who hear Andrea Bocelli the first time. I have friends who typically listen to country music, and they will immediately ask where they can purchase one of his CD's.

JOIN US FOR THIS MARVELOUS CONCERT AND REFRESHMENTS!

-sponsored by the Chat Room



Labels... Labels are important. Pretty much everything we buy has a label on it. Labels help describe what's inside each can. They tell you if you want or like the contents inside. Labels make finding what you want easier. We love labels.

We love labels so much we put them on people. We label virtually everyone. Whether you realize it or not, when you meet someone you assign labels to that person. And those first impressions tend to dictate all of our future actions and interactions.

We label people for a lot of the same reasons we label cans. It makes finding what we want easier. Like the cans, we label people so there's no need for us to "buy" them and "open" them ourselves. Labeling helps us manage our relationships by putting people in "boxes". No effort is needed on our part. The only movement that takes place in these relationships is jumping to conclusions on our part. By assuming something about someone there is no need to look any deeper. We

just STOP. We stop trying to understand them. We forget that they have a story. We don't give them much hope of changing.

So, we place these cans, these people, back on the shelf and move on. We don't pursue. Even worse, we ignore or criticize these people because they appear different from us. It is true that labels make our life easier. But, there is a problem. A big problem if we are going to pursue relationships with others. People aren't peas or corn.

People matter to God. They are not labels. So, when we label others we are not only lessening our impact, but more importantly, we aren't reflecting Christ's heart to those around us.

God, help us to see that every person has a story. Instead of jumping to conclusions, help us to celebrate our differences and show love to others with your grace and mercy. Amen.

Pastor Clark



WORSHIP IN OCTOBER- Lounge at 2pm

Thurs. Oct. 1st **Rev Lisa Borrell**, Christ Lutheran, Lower Saucon

Tues. Oct. 6th Rev. James Harper, Notre Dame RC Church, Bethlehem.

Thurs. Oct. 15th **No worship.**

Thurs. Oct. 22nd Rev. Larry Burd, Calvary Baptist Church, Easton

Thurs. Oct. 29th Rev Chris Eichorn, St. John Lutheran, Hecktown



BIBLE STUDY- Studying "The Sermon on the Mount", Matthew 5-7. Always, you are welcome to join us in the patio on Wednesday from 12:30-1:30pm.

CHAT ROOM- Every Thursday in the Patio from 10am-11:30am. (except Oct. 8th...see below.)

DVD- Thursday, October 8th 9:30-11am in the Lounge. Andrea Bocelli

"A Night in Tuscany". (more info elsewhere in this HiLites).



Van Trips



November 2015

DATE	DAY	TRIP	TIME
November 2	(Monday)	Shop Rite-Freemansburg Ave Easton	9:30 a.m
November 3	(Tuesday)	Banks, CVS, \$ Store, Post Office	9:30 a.m
November 4	(Wednesday)	Breakfast/Walmart	9:00 a.m
November 5	(Thursday)	Christmas at the Pines- Dinner Show Cost:\$45.50	11:30 a.m
November 6	(Friday)	Valley Farms	9:30 a.m
November 8	(Sunday)	Lunch/Target & Christmas Shop	10:30 a.m
November 9	(Monday)	Wegmans	9:30 a.m
November 11	(Wednesday)	Lunch @ Applebee's (FREE LUNCH FOR VETERANS)	11:00 a.m
November 12	(Thursday)	Dinner @ Tri-Boro Spaghetti Night	4:45 p.m
November 13	(Friday)	Lunch @ Bethlehem Diner/Movie at Carmike	11:00 a.m
November 16	(Monday)	Christmas shopping at Phillipsburg Mall NJ	9:30 a.m
November 17	(Tuesday)	Sight & Sounds-The Miracle of Christmas Lancaster Cost:\$49.40/Dinner	8:15 a.m
November 18	(Wednesday)	Dinner @ Calvary Baptist Church-Easton Cost: \$5.00	4:15 p.m
November 19	(Thursday)	Giant	9:30 a.m
November 20	(Friday)	Allentown Farmers Market/Lunch @ Ritz Barbecue	9:30 a.m
November 23	(Monday)	Kitchen Kettle/Lunch	8:30 a.m
November 24	(Tuesday)	Weis	9:30 a.m
November 25	(Wednesday)	Hershey Sweet Lights/Stop for Coffee	4:00 p.m
November 30	(Monday)	Breakfast/Valley Farms	9:00 a.m

Please fill out the form and bring to my o	ffice, I will start collecting forms at 7 a.m. on the
first day	of the month.
Name:	Ant:





Sun	Mon	Tue	Wed	Thu	Fri	Sat
	GLEN CAMPBELL I'LL BE ME		12135	I 10:00 Chat Room 2:00 Rev Lisa Borrell, Christ Lutheran, Lower Saucon 6:00 Blood Pressure	 2 9:00 Walkers Club 10:00 Yoga 12:45 Tai Chi 1:00 Movie-l'll be Me 5:30 Wii Bowling 	3 9:00 Coffee & Donuts 12:30 Pinochle Party
4	5 10:00 Exercise 6:00 Bingo 6:30 Poker League	6 10:00 Zumba 2:00 Rev James Harper, Notre Dame RC Church, Bethlehem	7 10:00 Exercise 12:30 Bible Study 2:00 Dance Class 3:00 Piano Playing 6:30 Poker League	8 9:30 DVD-Bocelli 2:00 Speaker -Stress Relief	9 9:00 Walkers Club 10:00 Yoga 11:00 Second Harvest 12:45 Tai Chi 1:00 Watercolor Class	10 9:30 Manicures by Appointment
11	12 OFFICE CLOSED 6:00 Bingo	13 10:00 Zumba 2:00 General Meeting	14 9:00 Massage10:00 Exercise12:30 Bible Study2:00 Speaker-Podiatrist3:00 Piano Playing	15 6:00 37th Anniversary Party	 16 9:00 Walkers Club 10:00 Book Fair 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling 	17 11:00 Soup & Hotdogs
18	19 10:00 Exercise 1:00 Movie -l'II be Me 6:00 Bingo 6:30 Poker League	20 10:00 Zumba 1:30 Art with Pat	21 10:00 Exercise 12:30 Bible Study 1:00 Computer Class 2:00 Dance Class 3:00 Piano Playing	22 10:00 Chat Room 2:00 Rev Larry Burd, Calvary Baptist Church, Easton	23 9:00 Walkers Club 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling	24 8:30 Breakfast
25	26 10:00 Exercise 11:00 Therapy Dog 6:00 Bingo 6:30 Poker League	27 10:00 Zumba 1:30 Art with Pat	28 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	29 9:00 Flu Shots 10:00 Chat Room 2:00 Rev Chris Eichorn, St John Lutheran, Hecktown	30 9:00 Walkers Club 10:00 Yoga 11:00 Traditions 12:45 Tai Chi 5:30 Wii Bowling	31